

All of our produce is fresh and sourced sustainably from local suppliers;

If you have an allergy or intolerance, please speak to a member of our team before you order food or drink or scan the following Code

(V) dishes are suitable for vegetarians. (GF) relates to food that is gluten free



## STARTERS

Freshly made Soup of the Day 6.50 served with bread & butter (Gluten free bread available on request)

Grilled Goats Cheese served on a bed of salad, drizzled with balsamic reduction

Crispy Whitebait with Tartare Sauce served with bread and butter

Salt and Pepper Squid 7.80
Served with a salad garnish and garlic mayonnaise.

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## SALAD BOWL

A juicy salad base of baby gem lettuce, red peppers, cucumber, spring onion, radish & red chilli tossed in a vinaigrette, and topped with your choice of:

Smoked Salmon 13.50 Crispy Chicken 13.50 Grilled halloumi (v) 12.50 Ham & Cheese £12.50

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SIDES

Chips 4.00
Beer Battered Onion Rings 4.00
House Tossed Salad 4.00
Garlic Bread with Cheese 4.50
Seasonal Vegetables 4.95
Bread and Butter (2 slices)

## **MAINS**

## Monsal Pie 14.50 mushy peas & creamy mash or chips

Monsal Burger 13.95

6oz beef burger, cheese, smoked bacon, tomato, onion & lettuce in a brioche bun with chips/Fries

Veggie option available (V)

Fish & Chips 15.50
Large beer battered cod, mushy peas & tartare sauce

Sweet Potato & Chick Pea Curry (V) 13.50 served with basmati rice

Seabass Fillet (GF) 18.95
Pea risotto, parmesan shavings

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Please ask for our daily specials.

**DESSERTS** 

Sticky Toffee Pudding 7.95 toffee sauce with ice cream

Chocolate Brownie 7.95 warm brownie with pistachio ice cream

Fruit Crumble 7.95 with custard, cream or ice cream

Local Cheese Board 9.00 cheese, biscuits, celery, fruit & chutney