

# MONSAL HEAD & STABLES

## MENU

### SALADS

Greek Salad with sun blushed tomatoes, Mixed leave lettuce, cucumber, red onion, mixed olives and feta cheese in a Dijon dressing **7.50/14.25**

**Vegetarian / L / M**

Traditional Caesar Salad with Cos lettuce, croutons, anchovies and shaved parmesan cheese in a Caesar sauce **7.50/14.25**

Why not add chicken to your Caesar? **2.00/4.00**

**F / M / E**

### CHILDREN

#### Choose from:

- Pork or Vegetarian Sausages
- Beer battered Fish
- Whole tail breaded Scampi
- Breaded Chicken
- Goujons

#### Add either:

- Chips
- Mash

#### Then choose from:

- Mixed Vegetables
- Baked Beans
- Mushy/Garden Peas

*All the above contain Gluten.*

*The beer battered fish contains Lactose and fish.*

Children's Meals **7.95**

Children's Pasta with cheese sauce **6.95**

**G / L**

### SIDE ORDERS

Chips **4.00**

Garlic bread with cheese **4.00**

**G / L / V**

Dipping Platter (breads and oils) **4.50**

**G, / V**

Marinated mixed olives **4.65**

**V**

### LIGHTER SNACKS

*Available between 12 and 5pm*

*Sandwiches on white or brown sliced bloomer loaf, garnished with salad and crisps.*

Vintage mature cheddar cheese and pickle **7.95**

Tuna mayonnaise and red onion **7.95**

Derbyshire ham and fruit chutney **7.95**

Classic BLT **8.00**

bacon lettuce and tomato served on ciabatta bread

Smoked salmon, prawns with **8.50**

sour cream and chives

Add a cup of homemade soup for **2.50**

to your sandwich

Jacket potatoes served with salad garnish **6.95**

Baked beans or Sour cream and chives or

Cheddar cheese

Tuna mayonnaise and red onion **7.50**

Cheddar cheese and baked beans **7.50**

*All sandwiches can be made with gluten free bread*

### SPECIALS

Please See Specials board for today's specials

### DESSERTS

Please See Specials board for today's desserts

#### ALLERGEN KEY

**Cel** = celery, **C** = Crustaceans, **G** = Gluten,

**E** = egg, **F** = Fish, **L** = lupin **L/M** =

Lactose/Milk, **Mol** = Mollusc, **M** =

Mustard, **N** = Nuts, **P** = Peanuts, **S** =

Sesame Seeds

For more allergens information please ask a member of staff

# MONSAL HEAD & STABLES

## MENU

### STARTERS

Homemade soup **6.50**  
served with bread and butter

*Gluten Free Bread available on request*

Baked Camembert **7.95**  
rubbed with fresh garlic and rosemary,  
served with bread

Vegetarian / Cel / M / L

*Gluten Free bread available on request*

Wild mushroom Fricassee **7.50**  
with baby spinach and cream sauce

Vegetarian / G / L / M

Smoked bacon **6.50**  
black pudding stack topped with  
a creamy cheese sauce

G / L / M

Creamy Whipped Feta Dip **6.25**  
Served with ciabatta dippers

Vegetarian / L / E

*Gluten free bread available on request*

Black Bean & Corn Salad with Chipotle **6.50**  
Honey vinaigrette, served with corn  
chips Vegetarian or Vegan

### MAIN COURSES

6oz Cheese burger **10.95**  
in a brioche bun with salad  
garnish & chips

Why not add Bacon or Stilton for just **1.50**

4oz Minute Steak Sandwich **10.50**  
salad garnish fried onions and chips

G / L / M

Chicken Caesar Burger **11.50**  
in a brioche bun served with chips  
and salad garnish

G / L / M / E

Beer battered fish and chips **12.50**  
served with mushy or garden peas

G / L / M / F

Trio of pork sausages **12.95**  
served with seasonal vegetables,  
creamy mashed potato and a rich onion gravy  
G / L / M

Pan roasted Chicken Breast **14.95**  
stuffed with sundried tomato, feta cheese  
and basil served with herb crushed new  
potatoes, seasonal vegetables topped with  
a cream sauce

L

*please allow 30 minutes as this is cooked from fresh*

Mixed Beans and Red Lentil Cassoulet **11.95**  
With spinach, served with crusty bread

Vegetarian or Vegan

*Gluten Free bread available on request*

8oz Rib eye steak **19.95**  
with mushroom, tomato  
served with onion rings & chips

*(£4.50 supplement for dinner inclusive guests)*

Add a sauce: Peppercorn or Stilton **1.50**

G / L

Monsal Pie **12.95**  
Homemade Monsal Pie  
served with chips & mushy peas

G / L / E / M

On Sundays we offer a hearty Sunday roast **11.95**  
served with vegetables, roast potatoes,  
Yorkshire pudding and

gravy G / L / L / M

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